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QUEEN'S MEDICAL STUDENTS AIM TO RAISE \$10,000 FOR THE JUVENILE DIABETES RESEARCH FOUNDATION WITH THIS YEAR'S CHIARSCURO ART AUCTION

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Please address all correspondence to:
Queen's Medical Review
c/o Undergraduate Medical Office
68 Barrie Street
Kingston, ON, K7L 3J7

E-mail: queensmedreview@gmail.com

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Waterman

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REGULARS

2 From the Editors

3 Internal News

4 External News

AMY GLICKSMAN
AND JENNIFER LEE

MICHELLE WANG
AND AYAZ KURJI

FEATURE

5 Chiaroscuro

LOOKING FORWARD TO THE ANNUAL ART AUCTION

6 Preview of Chiaroscuro 2010's Artwork

10 Interview with Jon Lee

KATRIN DOLGANOVA,

KATRIN DOLGANOVA

From the Editors

Welcome to our first issue of the school year and our first-ever 'mini-issue,' which we have devoted to the 2010 Chiaroscuro Art Auction. Chiaroscuro is an annual fundraiser for the Juvenile Diabetes Research Foundation, organized completely by Queen's Medical Students. In addition to providing a wonderful venue for faculty and students to socialize and admire the artistic talents of their colleagues, the event has raised over \$9,600 for Juvenile Diabetes research. This year's organizer, Alex Atfield (Class of 2012) and his team are aiming high, hoping to raise \$10,000 in 2010.

We hope that you can enjoy some of the great artwork included in this issue, and even take note of pieces you might like to bid on! Included in this issue is an article by Katrin Dolganova (Class of 2013) who shares the history of the auction and interviews the Chiaroscuro founder, Jonathan Lee (Class of 2010).

Don't miss this year's Chiaroscuro Silent Art Auction, taking place October 20th 2010 from 7-10 PM at the University Club, 168 Stuart Street. We would like to congratulate the Chiaroscuro team of organizers for planning such a successful annual event and for their significant contribution to Juvenile Diabetes research. We would also like to thank all of the artists for sharing their time and talents. Enjoy this 'mini-issue,' and we look forward to seeing you at the auction!

Cheers,



Elizabeth Miller Sarah Kawaguchi Jennifer Lee

Editors in Chief

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Internal News

BY AMY GLICKSMAN AND JENNIFER LEE

Queen's Medicine Welcomes New Dean

On July 1st, Queen's welcomed Dr. Richard Reznick as the new Dean of the Faculty of Health Sciences. Prior to joining the Queen's community, Dr. Reznick was R.S. McLaughlin Professor and Chair of the Department of Surgery at the University of Toronto. He marked the transition into a 5-year term at Queen's with the inaugural entry in his "Dean on Campus" blog, just a week after his arrival. Dr. Reznick took over for Dr. David Walker, who served as Dean of the Faculty for eleven years.

Medical Education Building on Track for Completion

With a concrete roof slab recently poured, the new medical education building is progressing on track for projected completion by Spring 2011. This September saw the implementation of the annual one hundred dollar student donation toward the building. This optional donation was approved by the Aesculapian Society and the students last winter, with the goal of raising five hundred thousand dollars toward the costs associated with the new facility.

CIBC Run for the Cure

Team Purple, under the leadership of Class of 2012 member Poonam Batram, raised a total of over \$20,000 for the Canadian Breast Cancer Foundation. Students from all four Queen's medical classes raised funds individually, and bake sales and social events were an additional source of team-generated donations. The run took place Saturday October 3rd and was a tremendous success.

Orientation Week

Queen's School of Medicine welcomed 101 new students this year with the commencement of Orientation week in early September. Organized and hosted by the Class of 2013, the themes of the week were reality T.V. shows and friendly competition. Events included a formal at Portsmouth Olympic Harbour restaurant, a scavenger hunt modelled on the "Amazing Race", an evening cruise of the 1000 islands, and a trip to the corn maze on Wolfe Island.

Health and Human Rights Conference

The annual Health and Human Rights Conference, organized by the Global Health Working Group, took place on October 1-2, 2010. This year's conference entitled "My Ideas, My Actions, Our Change", explored both global and local community issues. Keynote speakers included Dr. Natasha Archer, who described her experiences in resource-limited settings and her work in Haiti.

External News

A LOOK AT MEDICINE OUTSIDE OF QUEEN'S

BY MICHELLE WANG AND AYAZ KURJI

Study finds no relationship between exposure to thimerosal and the risk of autism spectrum disorders (ASD)

A case-control study done by Price et al. including 256 children with ASDs and 752 matched controls investigated the association between thimerosal, a mercury-containing preservative used in vaccines and immunoglobulins, and the increased risk of autism. The study indicated that prenatal or early-life exposure to ethyl mercury from thimerosal-containing vaccines and immunoglobulins was not related to an increased risk of developing ASDs. These results are the latest in a series of studies that derail the link between autism and vaccines. The connection between autism and vaccines was initially introduced in a 1998 article published by the Lancet. Although the Lancet recently retracted the article due to biases and unethical research protocols, its results have had a lasting impact on childhood vaccination rates.

Source: Price, C., et al. (2010). Prenatal and infant exposure to thimerosal from vaccines and immunoglobulins and risk of autism. *Pediatrics*, 126, 656-64.

Canadian Institutes of Health Research (CIHR) and the Multiple Sclerosis (MS) Society meet to discuss MS research direction in Canada

Recent controversial findings from Italian researchers Dr. Zamboni and colleagues support the use of the "MS Liberation Procedure" as a treatment option for the disorder. This procedure involves dilating the internal jugular and azygos veins in order to relieve venous narrowings or blockages that are presumed to be the origin of MS symptoms. This novel treatment has been publicized widely in the media and many groups have strongly advocated for the initiation of clinical trials to evaluate this treatment in Canada. Representatives from the CIHR and the MS Society met in August to review the available evidence concerning this procedure. The committee concluded that the evidence is insufficiently robust to warrant a pan-Canadian interventional randomized clinical trial. The committee did, however, recommend that an expert working group be established to evaluate the evidence regarding the association between cerebral venous drainage and MS. The minutes of the meeting can be found here: <http://www.cihr-irsc.gc.ca/e/42381.html#s2>

"Unleash your Creativity against Poverty" competition won by Icelandic graphic designer

The UN Regional Information Centre (UNRIC) in Brussels initiated an international advertising competition in advance of the annual UN General Assembly meeting held September 20th 2010. The competition's mandate is to combine artistic creativity and awareness-raising for the purpose of reminding world leaders to adhere to their promises concerning the five 2015 Millennium Development Goals of ending poverty, reducing child mortality, fighting disease epidemics and creating a global partnership for development. Stefan Eirarsson of Iceland took first place with his creative piece "We are still waiting." Stefan also took third and fifth places. Winning pieces at: <http://www.wecanendpoverty.eu/>

Chiaroscuro Silent Art Auction

ANNUAL FUNDRAISER AIMS HIGH TO RAISE \$10,000 FOR JUVENILE DIABETES

BY KATRIN DOLGANOVA

The third annual Chiaroscuro Silent Art Auction will take place on October 20th, 2010 from 7:00-10:00 P.M. at the University Club, 168 Stuart Street. At this charity event, twenty original pieces of artwork by Queen's medical students will be showcased and put up for auction to raise money for the Juvenile Diabetes Research Foundation (JDRF). Over the past two years, Chiaroscuro has raised just over \$9,600, but this year's event is aiming high to reach a target of \$10,000.

In 2008, the Chiaroscuro silent art auction was born over "generous glasses of wine and some fantastic food" (Jonathan Lee, QMR vol. 3.2) among a group of Queen's medical students who shared an interest in the visual arts and saw an opportunity for art to make a difference in the medical community. At the helm of the initiative was the artistically talented Jonathan Lee (Class of 2010), who was diagnosed with Type-1 diabetes when he was only one-year-old. When the discussion turned to deciding which charity to support through the art auction, the choice was clear. Jonathan recalls, "As an insulin-dependent diabetic, it made sense to me to raise funds for an organization that is so clearly committed to finding a cure for a disease which has been a part of my life for as long as I can remember. In a sense, my goals in picking this charity were entirely selfish!"

The core goals of Chiaroscuro are twofold: to display artwork by medical students and to raise funds for the Juvenile Diabetes Research Foundation. The philanthropic choice is of course related to Jonathan's personal health struggle, but the former goal aims to support and give exposure to those artistically inclined. After all, medical students are often multi-talented, and share hobbies and interests outside of the sciences. There are intramural sports, varsity teams, charity fundraisers and Med Games for individuals who are athletic. Students who are gifted in the performing arts, such as music, singing or acting take the spotlight at Medical Variety Night, Interview Weekend Videos or Open Mic Nights. However, visual arts often take the supportive roles.

In this sense, an art auction like Chiaroscuro is a night when the visual artistic talents of medical students take centre

stage. Alex Atfield (Class of 2012), this year's organizer of the auction, describes the event as a forum "for us [medical students] to display our artistic work, and for our colleagues to enjoy it." Therefore, although there is great artwork created by individuals outside of the medical class that could be used for this purpose, "this is the only opportunity for showcasing the artistic talents of medical students."

Yet Queen's is not alone in its promotion of the arts. Medical journals, including the CMAJ, make a point of ensuring that the humanities are not forgotten amidst the science. Whether it is poetry, painting, drawing or any of the other art forms, Alex Atfield agrees that "we need to continue to foster them." So, although the visual arts are the main attraction at Chiaroscuro, there will also be musicians from the medical classes to provide background music and help establish "an atmosphere that is accessible and classy."

The participants in the auction have also traditionally been from the medical community, with a lot of financial support coming from faculty members and the Dean's office. However, as the art auction evolves, it is starting to expand its advertising into the local Kingston community and welcomes guests and bidders from Queen's University and the general Kingston population.

With the goal of raising \$10,000 through this year's auction, the auction will need all the support it can get. Even if you are not planning on bidding on the artwork, you are encouraged to drop by for a glass of wine and light snacks and support the artists who contributed their work to such a worthy cause. The \$12 ticket price includes one beverage and food, covers the cost of the venue and allows the proceeds from the auction to go directly towards the charity. A cash bar will also be available throughout the night (only cash and credit card accepted).

For more information about the event and to browse the artwork that will be up for auction, visit the official website at <http://queenschiaroscuro.com/>. Thank you to Alex Atfield, Rob Leslie, Sheilagh Sanders and Huan Yu for organizing this year's event and to Taylor Lougheed for the website design.

(continued on page 10)



(Above) "Black Tusk" by Andrew Geisheimer



(Right) "Sleep Baby" by Allison Chow

(Below) "Tour de Gastown" by Andrew Geisheimer



Chiaroscuro Artwork 2010



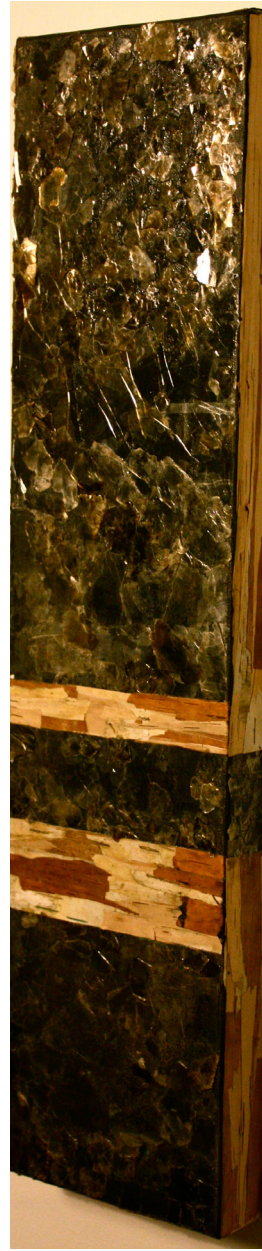
(Left) "Corona Part 2" by Cedric Gabilondo

(Right) "Autumn Lake" by Amanda Xu

(Below) "Waterlilies in the Fog" by Aman-

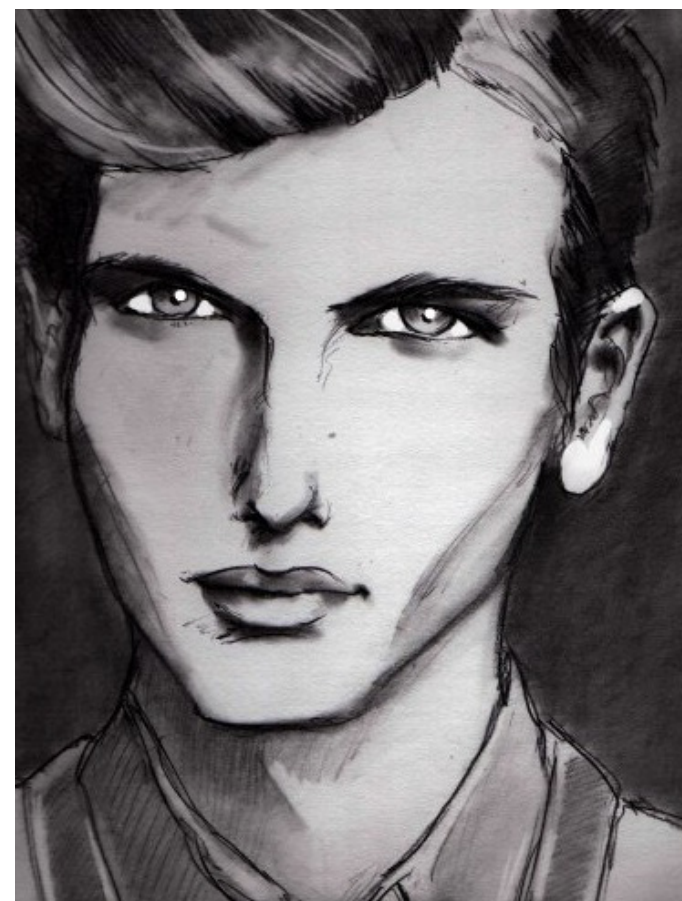


(Above) "Smoke Screen" by Cedric Gabilondo
 (Left) "Emergence" by Andrew Geisheimer
 (Right) "I Believe In You" by Cedric Gabilondo





(Left) by Alex Atfield
(Below) "Portrait" by Jon Lee



(Above) "Није лако узети кравату" by Joey Martinovic
(Below) "Fish Market" by Ramy Kamal

(Above Left) by Sarah Leonard
(Above Right) "Solitude" by Sarah Patterson
(Below) by Alex Atfield



(Left) "Starfruit" by Ramy Kamal



(Left) by Hasan Sheikh
(Right) by Alex Atfield



Interview with Jon Lee

QUEEN'S MEDICINE 2010, FOUNDER OF CHIAROSCURO SILENT ART AUCTION

BY KATRIN DOLGANOVA

Katrin Dolganova (KD): How did you come up with the name “Chiaroscuro”?

Jonathan Lee (JL): Chiaroscuro was a name chosen by my friend Oren Levine. It's used by art historians to describe, typically, Baroque paintings by artists like Caravaggio and Rubens. It is an Italian term meaning “dramatic light and dark”.

KD: What does Chiaroscuro mean to you?

JL: To me, this term perfectly encapsulates life with diabetes - replete with the “darkness” of heart disease, adult blindness, end-stage renal disease, and amputation, and the “light” and hope that “perfect control” and, potentially in the future, a cure, could bring.

KD: In any medical class, there are students with many varied interests and hobbies, including music, athletics, singing, dancing, visual arts, etc. Where do you see visual arts playing a role in medicine?

JL: I absolutely believe in the visual arts as a means of catharsis, reflection, and reinvigoration. As a medical student I felt - as cheesy as this might sound - most “human” when I had a moment to just sit on King Street to sketch a landscape, or commit myself fully to creating an image of St. Mary's cathedral for a classmate's dining room. I absolutely employed the skills I developed through engaging in the arts - taking the time to diligently observe - in my physical exam, when studying for anatomy, and when considering what I wanted

from my future career. When it came time to sew on my plastics electives I have no doubt my dexterity in wielding a pencil assisted me. You should see my running sub-cuticular!

KD: In your opinion, is art at all important in science, and why?

JL: Do I feel the arts inform science? I'm equivocal on this one. Ultimately, I feel as a physician it's important to dabble and be proficient in both the “art” and “science” of medicine and to be, in some sense, a Renaissance man or woman, and avoid being so myopic as to think one need only master one facet/component of the healing arts to the neglect of the other.

KD: When you were planning the first event, what kinds of hopes did you have for Chiaroscuro, i.e. what did you envision this art auction to be in the future (for Queen's students and/or for patients with juvenile diabetes)?

JL: When I was putting it together with my fantastic team of artists and musicians, I thought I just wanted to have an event where we as medical students could indulge in our aesthetic senses, enjoy some visual art, soak in some music, while sipping some economical wine. I had wanted very much to be able to raise a thousand dollars for the JDRF. I was floored when our final tally for the first year exceeded \$5000. In the future, I absolutely hope Chiaroscuro will continue as a Queen's Medical tradition, and am ecstatic that Alex Atfield has taken on the task of executing this event this year! I am also planning to bring it to Toronto in the spring of 2011. Stay tuned!

>> CHANGES TO CHIAROSCURO SILENT ART AUCTION

Heading into its third year now, the annual art auction has made two important changes:

Attendees from the past years will note the location change. In 2008, the event was held in the Connell Cafeteria at KGH, and in 2009 it was held at the Etherington Art Gallery. With a larger crowd anticipated at this year's Chiaroscuro, the University Club was the choice venue. The entire first floor and the lounges will be available for art work displays and for mingling.

This year's artwork has been chosen from the pool of submissions by a Selection Committee. In the past years, submissions were screened by Jonathan Lee. However, concerns about submissions of inappropriate artwork last year prompted the formation of a committee. It is comprised of 5-6 medical student volunteers from various classes, who are interested in art but are not submitting any of their works. The purpose of the Selection Committee is two-fold:

To limit the number of submissions to 20 pieces of artwork to be put on display. This strategy allows the concentration of bids, in an effort to maximize funds raised for charity.

To provide a transparent and democratic process for the selection of artwork to display at the auction, where the difficult decision to not include a piece would not fall on the shoulders of a single person.

Future Direction of Chiaroscuro

“I hope it can continue to grow. I'd like to be able to pass it on to organizers from the first and second year classes. I hope that Chiaroscuro goes wherever the students take it. The charity, the specifics may change, but the core of it - appreciating the artistic talents of medical students - will continue.” - Alex Atfield (Class of 2012), Organizer of Chiaroscuro 2010

